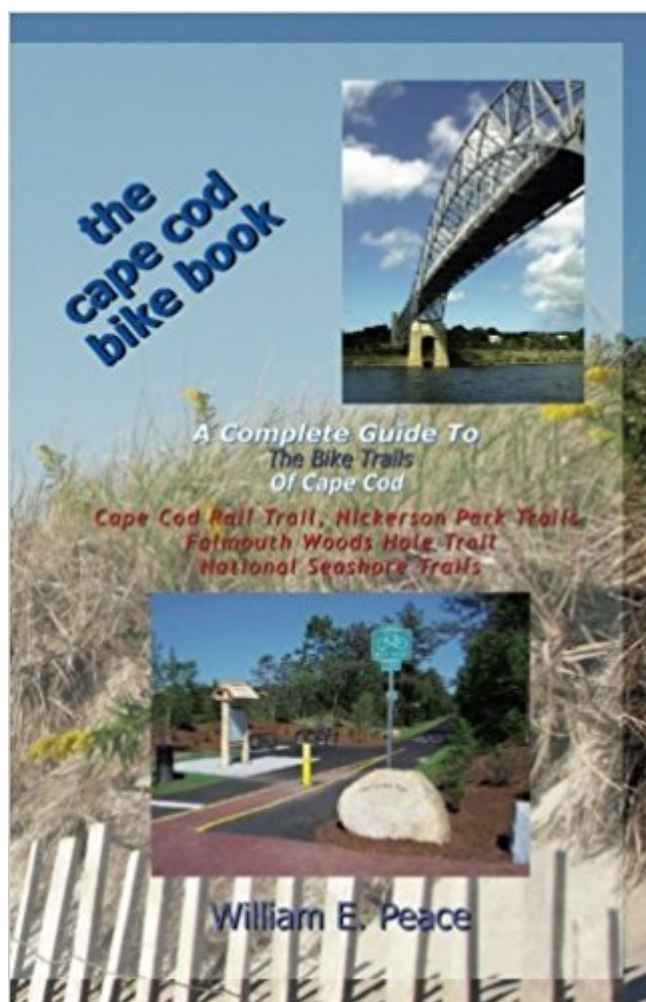


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# The Cape Cod Bike Book: A Complete Guide To The Bike Trails Of Cape Cod: Cape Cod Rail Trail, Nickerson Park Trails, Falmouth Woods Hole Trail, National Seashore Trails





## Synopsis

The Cape Cod Bike Book is written from an "insider's" view, by a local resident who knows all the ins and outs of Cape Cod, all the back roads, and all the things to see, with the intent of sharing some of these wonderful locations for more to enjoy. The book focuses on trails for families to enjoy the journey, not just getting to the destination. All the main bicycle trails on Cape Cod are included as well as custom routes that will get you off-the-beaten path and seeing some gorgeous Cape scenery that others may miss. There are trails or paths in each town of the Cape. Information is provided about facilities, points of interest, history, ecology, where to stop, what to see just a short way off the main path, etc. Detailed directions and parking locations are provided for each trail. In addition, QR codes bring you to custom shareable maps for every route in every town. These electronic maps can be viewed right on your cell phone wherever you are, even if the book is back at the car - and they can be zoomed, viewed in either satellite or map view and can be saved for use anytime, anywhere. They also provide a direct GPS route on your phone from wherever you are, right to the trail parking, making for an awesome connection of the printed word with your cell phone's modern technology! On Cape Cod, there is something for everyone on wheels. It is often said that every town, indeed every village in every town on Cape Cod, has its own character, its own charm. From easy, level paths to challenging and longer routes, from quaint Woods Hole to sometimes foggy Chatham and then to sundrenched Provincetown, there is bicycling on Cape Cod to suit everyone's temperament. There are so many fantastic places to bike on Cape Cod! But wherever you bicycle on Cape Cod, don't race from place to place. Stop to enjoy the surf, the sand, and the scenery. Explore and enjoy!!

## Book Information

Paperback: 106 pages

Publisher: CreateSpace Independent Publishing Platform (May 10, 2015)

Language: English

ISBN-10: 1512127477

ISBN-13: 978-1512127478

Product Dimensions: 5.5 x 0.2 x 8.5 inches

Shipping Weight: 6.7 ounces (View shipping rates and policies)

Average Customer Review: 2.0 out of 5 stars 3 customer reviews

Best Sellers Rank: #1,280,792 in Books (See Top 100 in Books) #55 in Books > Travel > United States > Massachusetts > Cape Cod #989 in Books > Travel > United States > Northeast > New

England

## Customer Reviews

William E. Peace is an avid nature enthusiast and bicyclist and has lived on Cape Cod for over forty years. He knows the Cape as only a local resident could. He has led walks at Sandy Neck Barrier Beach and worked as a research associate at the Cape Cod National Seashore. The author of several books, Bill has three grown children. Besides his family, Bill is interested in photography, camping and the outdoors, computers and education, and gardening. He holds both Bachelor's and Master's degrees from Tufts University and has taught science on Cape Cod since 1973 at both the secondary and undergraduate levels. The Cape Cod Bike Book was first published in 1984 and is still the go-to family guide to Cape bicycling, authored by a local Cape Cod resident, and published and revised annually. It gives a real insider's view to the Cape, information about facilities, points of interest, notes on history, ecology, where to stop, what to see just a short way off the main path, etc. It is a Cape Codder's guide to the trails on the Cape. For those less interested in bicycling, the new Cape Cod Visitors Guide: Free and Inexpensive Things to Do in the Mid-Cape was first made available in early 2015. Lower-Cape and Outer-Cape books were made available in 2016. Future plans are to provide a guide to the Upper Cape region in 2017. And be sure to check out other books about the Cape by other authors, too, they are all great products!

no maps in the book! why buy a book if you gotta look at your smart phone for maps? where are the trailheads compared to where i am? Or anyone is in the Cape? It might be good for ideas on where to bike if you live there and already know the towns and areas. My pal that lives there also thought this book was lacking basic info. In a word, Disappointing.

This is an okay book, but not as detailed as a new one out called "Best Bike Rides: Cape Cod and the Islands" (Falcon Guide), by Dr. Gregory Wright, also a local resident of 20 years. Wright's book provides more rides, GPS maps, more detail, more places to eat and things to do, and categorizes rides for all types of riders. It's easier to use. There are rides for families, small children, older children, seasoned roadies, mountain bikers, fat tire bike riders, history buffs, lighthouses, quiet Cape Cod Bay beaches and surf beaches. There are rides to "kettle ponds" (Cape Cod's term for lakes) and through the National Seashore. Wright's book is packed with history and local color, with a lot of "hidden Cape Cod" not found in Mr. Peace's book.

There are no maps in the book. Useless for trip planning or during an actual bike trip.

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